

	When to sow seeds indoors	Notes	Best sown outdoors
Ageratum	6-8 weeks before last spring frost	do not cover seed (need light to germinate)	
Amaranth	6-8 weeks before last spring frost		
Bachelor Button			Direct Seed in May-can tolerate light frost
Calendula			Direct Seed in May-can tolerate light frost
Castor Bean	6-8 weeks before last spring frost	soak seed before sowing	Seed outdoors after last spring frost
Celosia	4-6 weeks before last spring frost		
Cleome	6-8 weeks before last spring frost		Direct Seed in May-can tolerate light frost
Coleus	6-8 weeks before last spring frost		
Cosmos	4-6 weeks before last spring frost		Seed outdoors after last spring frost
Gomphrena	6-8 weeks before last spring frost		
Hyacinth Bean Vine			Seed outdoors after last spring frost
Impatiens	6-8 weeks before last spring frost	do not cover seed (need light to germinate)	
Marigold	4-6 weeks before last spring frost		Direct Seed after last spring frost
Morning Glory		soak seed before sowing	Seed outdoors after last spring frost
Nasturtium			Seed outdoors after last spring frost
Nicotiana	6-8 weeks before last spring frost		
Nigella	6-8 weeks before last spring frost		Direct Seed in May-cold tolerant
Petunia	8-10 weeks before last spring frost	Tiny seed (mix w/ sand)/do not cover (need light)	
Poppy (annual)			Seed outdoors after last spring frost
Salvia	6-8 weeks before last spring frost		
Snapdragon	6-8 weeks before last spring frost	Tiny seed (mix w/ sand)/do not cover (need light)	Direct Seed in May-cold tolerant
Sunflower	4-6 weeks before last spring frost		Direct Seed after last spring frost
Sweet Alyssum			Seed outdoors after last spring frost
Sweet Pea (annual)		soak seed before sowing	Seed outdoors after last spring frost
Tithonia	6-8 weeks before last spring frost		
Zinnia			Seed outdoors after last spring frost



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